# Resource Guide

Chicago Community Partners Collective April 2018

Author: Alexandra Frenn (alefre@mercyhome.org)

### Table of Contents

Emergency Shelters	3
Youth Access Points	4
Residential Programs (18+)	5
Residential Programs (17 and under)	6
Residential/Emergency Programs (Pregnant/Parenting)	7
Residential Programs (Youth in College)	8
Residential Programs (Advanced Independent Living Skills)	8
Drop In Centers	9
Child-Care Assistance and Supports	10
Pregnant/Parenting Supports	11
Community Based Therapeutic Supports	12-14
After School & Additional Youth Programming	15
Mentorship Programming	16
Vocational Training Programs	17-18
Academic Resources and Support	19
Family Housing Resources and Supports	20
Domestic Violence Supports	21
Medical Centers and Supports	22
Substance Use Treatment Programs	23
Legal Assistance	24
Benefits Enrollment Resources	25
Extra Miscellaneous Supports	26
Food Resources/Pantries	27-28
Databases for Searching Resources	29

## **Emergency Shelters**

Also the app Streetlight can educate young adults with up-to-date information regarding resources in the city.

#### Casa Corazón: Back of the Yards Emergency Shelter

Location: 1736 W. 47<sup>th</sup> Street (47<sup>th</sup> & Hermitage) CTA: Orange line- Western Stop Contact: Kim Richards 773-276-4900 x250, Spotlight App Population: 18-24, all genders Hours: 7 days per week, 9pm – 9am (can show up as late as 2am if they have space) – 30 beds Offers: safe and secure beds, need to be out by 8am, can come to the drop in center for case management, laundry, showers, dinner, breakfast, and snacks provided, bus cards.

#### Casa Corazón: Humboldt Pk/Logan Emergency Shelter

Location: 1940 N. California Ave. CTA: Blue Line-California Contact: Joy Menhennett 773-276-4900 x241 joy@lacasanorte.org, Spotlight App Population: 18-24, males and females Hours: 7 days per week, 9pm – 9am (can show up as late as 2am if they have space)- 5 beds reserved for pregnant/parenting, 5 beds for everyone else Offers: safe and secure beds, need to be out by 8am, can come to the drop in center for case management, laundry, showers, dinner, breakfast, and snacks provided, bus cards.

#### **The Harbour: Emergency Shelter**

Location: Des Plaines, IL (specific address not provided without participating in the intake process) Contact: Shelter Site Staff (24/7) 847-297-8541 Population: 12-20 (12-17 through CCBYS), only females Offers: 10 beds, 4 reserved for CCBYS, Case Management, food, shelter, life skills groups, weekly outings/activities, clothing donation room, payment for chores, toiletries, can stay for 3-4 weeks. Weekly discharge staffings occur to plan placement.

#### The Crib (The Night Ministry)

Location: Lake View Lutheran Church, 835 W. Addison CTA: Addison (Red Line, Addison)

**Contact**: 773.318.5462 (answered between 8 PM and 10 AM, can leave a voicemail any time) **Population**: 18-24 years old, All genders. Transgender and Gender Non-Conforming (TGNC) youth welcome. *Space is not equipped for babies or children*.

**Offers**: Emergency shelter for 20 youth ages 18-24. Includes dinner, breakfast, supplies, showers, and laundry. Lottery drawing in the parking lot at **8:30 PM**.

#### A Safe Haven (Youth Engagement Services)

Location: 2750 W Roosevelt (CTA: Between Pink & Green Line, California stops; California-94 bus, Roosevelt- 12 bus) Contact: 773.435.8440 Offers: Emergency shelter for 25 youth ages 18-24. Dinner, breakfast, showers. Set up: All genders. First come, first serve. Open from **7pm–7am**. Arrive at 8p

### Chicago Central Referral System (CRS):

#### www.chicagocrs.org

This is the system by which people experiencing homelessness can apply for housing. The CRS Assessment Tool can be filled out **online** and assesses your eligibility for supportive housing. Rather than being a "first-come, first-serve" waitlist, it is based on a household's need for housing. Not all programs use the CRS, but many do

#### Emergency Housing: Call 311

#### (How to get into Chicago's Adult Homeless Shelter system)

1. Go to any hospital emergency room or police station.

2. Find a phone and call 311 or ask staff to call for you.

3. Tell the staff and/or the person on the phone that you are homeless, 18 years of age or older, & need shelter.

4. Wait a really, REALLY, long time in the emergency room. Some waits are as long as 4 hours!

5. A Catholic Charities van will come and take you to a shelter. If you are able to arrange for something else during that time, you will still need to leave the waiting area when the van comes—since the hospital waiting room has the right to ask you to leave if you do leave with the van.

6. Please report this discrimination to the Chicago Coalition for the Homeless @ 312-435-4548.

### Youth Access Points

Each of these locations has designated times solely focused on the HMIS assessment and entry into Central Referral System.

### <u>South</u>

Teen Living Program: Drop-In Resource Center (DiRC) Location: 5500 S. Indiana Ave CTA: Garfield Stop (Green & Red), 55 bus Contact: Rita Beasley-Lawson 773-891-2505 <u>rbeasley@tlpchicago.org</u> Population: 18-24 years old, all genders Hours: Mon, Wed, Thurs, 11am-2pm. Tues. 1pm-5pm. Appointment Only: Mon, Wed, Thurs. 2pm-5pm, & Fridays Offers: HMIS assessment/enrollment. Case management, education and career support, housing referrals, lockers, hygiene and safe sex supplies, safe place to rest, wifi, and more! (Drop in hours available, appointments preferred)

#### <u>West</u>

La Casa Norte: Casa Corazon Drop In (Humboldt PK/Logan) Location: 2845 W. McLean St. CTA: Bus #72 and #73 Contact: Joy Menhennett 773-276-4900 x241 joy@lacasanorte.org Population: 16-24 year olds, all genders Hours: 12pm-8:45pm, Monday, Tuesday, and Thursday Offers: HMIS assessment/enrollment, meals, case management, SNAP enrollment, housing referrals, computers, bus cards, at 9pm they can transition into the shelter to stay for the night, \*\*only 10 bed—a lottery is conducted at the drop-in center for the beds at the emergency shelter around the corner (1920 N. California)

### <u>North</u>

Broadway Youth Center Location: 4009 N. Broadway CTA: Red Line (Sheridan stop) Contact: 773-299-7600 Population: 12-24 years old, all genders Hours: Mon, Tues, Thurs, Fri 9am-6:30pm

**Offers:** HMIS Assessment/enrollment, HIV/STI Testing, Health services clinic, including gender-affirming hormone therapy, PrEP, pregnancy tests, birth control options, vaccines, and basic needs medical care, One-on-one assistance signing up for health insurance, Resource assistance, including ID replacement, housing referrals, food stamp & job application assistance, Drop-in services (e.g., food, clothing, youth-led programming and leadership opportunities), GED program, high school and college tutoring, or college application and scholarship assistance, Counseling Services

# Residential Programs (18+)

This page provides information for the residential programs that allow applicants to apply directly to their program and do NOT require enrollment in the Central Referral System

#### Mercy Home for Boys & Girls

Location: 1140 W. Jackson Blvd CTA: Blue line (Racine), #126 Contact/Admissions Intake: Stephanie Moore 312-738-7590 <u>stemor@mercyhome.org</u> Alexa Frenn 312-738-9243 <u>alefre@mercyhome.org</u> Juan Medina: 312-738-4388 <u>juamed@mercyhome.org</u> Population: 11-23, males and females Offers: Academic, career, therapeutic, & life skills support, financial literacy, individual, group and family therapy, staffed 24/7, ask for about a year commitment

#### The Harbour: Phase 1, Transitional Living

Location: Schaumburg, IL Public Transit: PACE Bus Contact: Sandy Godinez 847-297-8540 x 129 sandy@theharbour.org

**Population**: 17-20, females **Offers**: Case management, savings plans 65% income, employment readiness, life skills, therapeutic support, can stay 9-12 months

#### 360 Youth Services Transitional Living Program Location:

Location: 1305 W. Oswego Road, Naperville IL 60540
CTA: Metra stops for Lisle and Naperville, willing to pick up youth from Metra stop with advanced notice
Contact: Deb Robertson 630.717.9408 ext. 1148
Population: 18-21, IQ over 70, no outstanding warrants, willing to be substance free while in program.
Offers: 3 different programs for females, males, and LGBTQ youth. Academic/vocational support. Provides referral sources for waitlist.

#### Night Ministry: Open Door Shelter-West Town

Location: 1110 N. Noble St.

CTA: Blue Line (Division Stop)

Population: Ages 14-20, all genders. (12-17 through CCBYS)
Contact: 773.506.4100; 1.877.286.2523 (toll free)
Offers: Interim Housing Program with 4 month maximum stay. Program available to clients in the interim program.
TGNC youth and single parents with children are welcome.
Best times to call: before 9am, after 9pm.

#### **El Rescate**

Location: 2703 W. Division St. CTA: #70 Bus, #52 Bus Contact: Milagros Pérez 872-829-2654 milagrosp@prcc-chgo.org

**Population**: 18-24 years old, all genders **Drop In Hours**: Tuesdays 3pm-6pm- casual hang out & fun events Mon.- Fri. 9am-4pm intensive case management

**Offers:** Identity-affirming support services to LGBTQ youth, case management, crisis intervention, delivering individual, group, and family counseling services, bus cards, lockers (limited), hygiene products, access to clothing closet, connecting with CCBYS if necessary, education and employment resources, computer station & Wifi access, health and wellness services, Barber on site for free haircuts on Tuesdays (!).

#### **Alexian Brothers Transitional Living Program**

**Offers**: ongoing supportive case management, medication monitoring and education by staff who will instruct residents on taking your medications, coursework/group focused on independent living after program is complete.

Population: 18+, men and women

**Requirements**: Active Medicaid and some other form of income, able to pay \$600 per month for rent, minimum IQ of 70, high school diploma

Location: 3436 N. Kennicott Ave.

Arlington Heights, IL 60004

Intake: 847-952-7473 Website:

https://www.alexianbrothershealth.org/acmh/ourservices/housing

# Residential Programs (17 and under)

*This page provides information for the residential programs that allow applicants to apply directly to their program and do NOT require enrollment in the Central Referral System OR CCBYS.* 

#### Comprehensive Community Based Youth Services (CCBYS) \*\*Emergency housing option for minors\*\*

**Population**: Youth 11 to 17 years of age, Youth who are at risk of involvement with the child welfare system, Youth who are at risk of involvement with the juvenile justice system.

**Offers**: 24/7 Services are available to youth who: have been locked out of their home/parents will not allow them to return home, have run away from home, or, are beyond the control of parents and in immediate physical danger, are homeless without their parents. DCFS wards are not eligible for CCBYS Services.

Referral Process: Call the IRL Hotline: 877-870-2663

- Transfers you to a 24/7 call center
- Provide them with the home zip code of the youth
- Connects you to the Crisis Worker/Provider in the appropriate catchment area.
- Within an hour a crisis worker will be on contact with the youth to assist with family reunification, emergency counseling, and, possibly, locating an alternative housing option for the evening.

#### Mooseheart Child City and School Inc.

#### Contact: 630-906-3631

**Offers**: Accredited education from elementary to high school, cares for youth whose families are unable, for a wide variety of reasons, to care for them. Program provides children with a wholesome home-like environment and the best possible training and education. Children live in one of thirty residences designed like a spacious single-family residence. At the heart of the program are Family Teachers— providing a consistent, systematic method of care, with emphasis on social-skills development— skills essential for success in later life. Vocation training options: Automotive Mechanics, Commercial Music, Business, Child-Care, Computer Science, Cosmetology and Health Occupations.

Application process: http://www.mooseheart.org/wp-content/uploads/2016/02/Admissions-Questionnaire.pdf

#### Mercy Home for Boys & Girls

Location: 1140 W. Jackson Blvd CTA: Blue line (Racine)

Contact: Stephanie Moore 312-738-7590 stemor@mercyhome.org (Admissions Intake)

Population: 11-24, males and females

**Offers:** Academic, career, therapeutic, & life skills support, financial literacy, individual, group and family therapy, staffed 24/7, ask for a year commitment, can be longer or shorter, cost determined on a sliding scale between \$12.53 and \$250

### Residential/Emergency Programs (Pregnant/Parenting)

This page provides information for the residential programs that allow applicants to apply directly to their program and do NOT require enrollment in the Central Referral System.

#### La Casa Norte: Pregnant and Parenting

\*\* Emergency Shelter \*\*

Location: 1942 N. California

CTA: Blue Line-California

Contact: Deja Davis 773-280-5282 deja@lacasanorte.org

--OR— the main number: 773-176-4900

**Population:** 18-24, females, max amount of kids: 3 **Hours**: 7pm-9am

**Offers:** Overnight safe & secure housing, clothing, bottles, diapers, nutrition, case management, employment and parenting programs (5 beds reserved for pregnant and parenting)

#### Ujima Village (Unity Parenting & Counseling) \*\*Emergency Shelter\*\*

Location: 7320 S. Yale Ave. (CTA: Red Line, 69th or #29 CTA, State Street Bus Stop at Lafayette Ave and 73rd Street.) Contact:

**Offers**: Emergency shelter for 24 youth. Dinner, breakfast, showers, CTA passes available.

Set up: All genders. First come, first serve. Open from 8pm–9am. Arrive at 8 PM.

#### Thresholds: Building Flourishing Families (BFF)

Location: 1110 W. Belmont (admin site) Contact: Marc Fagan <u>marc.fagan@thresholds.org</u> Intake: Kathy Dougherty 773-537-3297

Kathleen.dougherty@thresholds.org

#### Ayanna Kiklas 773-537-3293

**Population**: 17-23, pregnant and parenting women with mental health challenges experiencing homelessness, if 17 they need a parent guardian sign off.

**Offers:** Housing in a group setting (separate rooms each family), individual and group therapy, case management, day care, parenting education and support, psychiatry, supported employment, up to two years stay, structure expected to be followed (e.g. passes required to leave, school and/or job participation required, curfew, etc), does not keep a waitlist.

#### **RAPPP-Lakeview (The Night Ministry)**

Location: 3262 N. Clark St. (Belmont Red Line) Contact: 773.506.3120 Population: Ages 14-20 Offers: Interim-housing program for pregnant individuals and/or parenting youth. 8 beds, 8 cribs. Call for intake.

#### Harmony Village (Unity Parenting Counseling)

Location: 7923 S. Maryland (1 block east of Cottage Grove) Contact: Anita McClain - 773.783.9200 Population: Ages 18-23 Offer: Call to complete a telephone intake. Supportive transitional housing for teens/young adults and their children (no more than 3 children) and pregnant/parenting teens and their children experiencing homelessness. Provide: basic case management, counseling, life-skills counseling, financial literacy. Do not provide bus cards. 28 safe, pleasant apartments in the same building with 24 hour supportive services staff. It's important that mothers have viable income.

#### The Harbour: STEPs (Successful Teens Effective Parenting), Pregnant/Parenting Independent Living Location: Apartment must be in service area (N/NW Suburbs)

Contact: Sandy Godinez 847-297-8540 x129 sandy@theharbour.org

**Population:** 18-21, Pregnant or Parenting Teens – Must be able to sign own lease, employed. Must be in service area (N/NW Suburbs or establish residency at Shelter for 30 days)

**Offers**: Security Deposit and declining rental subsidy, required weekly case management, required savings, Family Support Specialist Services, clothing donations, Parenting Groups.

### Residential Programs (Youth in College)

This page provides information for the residential programs that allow applicants to apply directly to their program and do NOT require enrollment in the Central Referral System

#### La Casa Norte: Youth In College

#### Contact:

Katie Gallo- 312-818-9554 katie@lacasanorte.org

**Population**: 18-24, accepted/enrolled in college, either literally homeless by HUD's definition OR currently living in a housing program (for at least 6 months), and ability to pass a CHA background check

**Offers**: Academic services, housing, case management, a learning community, internship and career services, La Casa Norte scholarships, housing voucher.

**Application requirements**: letter of referral from supportive or transitional housing program, letter of recommendation, written personal statement, school transcriptions (unofficial), current class schedule, proof of financial aid/tuition payment plan, proof of income, documentation of any non-cash benefits, proof of identity, documentation of any outstanding balances with college, Release of Information for college.

#### La Casa Resurrection Project: Affordable Student Housing

Location: 1818 S. Paulina Street

CTA: Pink line (18<sup>th</sup> street)

Contact: Angela Crawford Neven 312-880-1889 acrawford@resurrectionproject.org

**Population:** Student working towards a bachelor's degree, willing to live with a roommate, in classes full time **Offers:** Affordable student housing, \$695 per month (utilities included), scholarship opportunities to off-set some out-ofpocket costs, open to DACA students, paid internships options to cover all rent plus a stipend, <u>students need a co-signer</u>, assistance with FASA applications. **Website:** <u>www.lacasastudenthousing.org</u>

### Residential Programs (Advanced Independent Living Skills)

This page provides information for the residential programs that allow applicants to apply directly to their program and do NOT require enrollment in the Central Referral System

#### **Center on Halsted: Residential Program**

Location: Classified (Woodlawn Area)

Contact: Connie Mitchell 773-472-6469 Ex 439

Population: 18-24 years old, all genders (can stay until 27 if they apply before their 25<sup>th</sup> birthday)

**Offers/Requirements:** Applicants cannot be parenting or have custody over minors, applicants cannot live with spouse or partners, applicants need documentation of housing instability, Youth will need proof of employment history within the last year, Youth will be subject to a background check, youth with a criminal background may be denied however there is an appeal process that can be filed (for which a case manager would help advocate), \$590 Security Deposit that the resident can pay in monthly installments, Monthly rent is 30% of their income that goes into a savings account and given back when they transition out of the program, Meet with case manager once per week, provided: bus cards, \$75/month Jewel Osco gift card, laundry cards, etc. Contracted therapist available.

## **Drop In Centers**

These centers provide case management resources, community connections, and much more.

La Casa Norte: Casa Corazon Drop In (Back of the Yards) Location: 1736 W. 47<sup>th</sup> Street (47<sup>th</sup> & Hermitage) CTA: Orange Line- Western, #9, #47 Bus Contact: Kim Richards 773-276-4900 x250 Population: 16-24 year olds, all genders Hours: <u>Mon. 3pm -9pm, Wed. and Fri. 9am – 9pm</u> Offers: Meals, case management, SNAP enrollment, housing referrals, computers, laundry, bus cards, lockers, at 9pm they can transition into the shelter to stay for the night.

#### La Casa Norte: Casa Corazon Drop In (Humboldt PK/Logan)

Location: 2845 W. McLean St. CTA: Bus #72 and #73 Contact: Joy Menhennett 773-276-4900 x241 joy@lacasanorte.org

**Population:** 16-24 year olds, all genders **Hours:** <u>12pm-8:45pm, Monday, Tuesday, and Thursday</u> **Offers:** Meals, case management, SNAP enrollment, housing referrals, computers, bus cards, at 9pm they can transition into the shelter to stay for the night, \*\*only 10 bed—a lottery is conducted at the drop-in center for the beds at the emergency shelter around the corner (1920 N. California).

#### El Rescate: Basic Center

Location: 2703 W. Division St. CTA: #70 Bus, #52 Bus Contact: Milagros Pérez 872-829-2654 milagrosp@prcc-chgo.org

**Population**: 12-17 years (only!), all genders **Hours**: Tuesdays 3pm-6pm- casual hang out & fun events

Mon.- Fri. 9am-4pm intensive case management Offers: Identity-affirming support services to LGBTQ youth, case management, crisis intervention, delivering individual, group, and family counseling services, bus cards, lockers (limited), hygiene products, access to clothing closet, connecting with CCBYS if necessary, education and employment resources, computer station & Wifi access, health and wellness services, Barber on site for free haircuts on Tuesdays (!). Center on Halsted Location: 3656 N Halsted CTA : Red Line (Addison stop) Contact: David Biele <u>dbiele@centeronhalsted.org</u> (773) 472-6469, ext. 437 OR 773-472-6469 \*Intake appointment required before receiving services Population: 13-24 years old, all genders Hours: Mon-Thurs 4:30pm-7:30pm, Fri. 4pm-6pm Offers: Vast array of programs and services designed to advance Chicago's LGBTQ+ and allied community through an inclusive space and opportunities. From cooking classes, yoga and volleyball games to job placement, HIV testing and group therapy, we work hard to enrich the lives of the 1,000+ people who visit Center on Halsted every single day.

#### **Broadway Youth Center**

Location: 4009 N. Broadway CTA: Red Line (Sheridan stop) Contact: 773-299-7600 Population: ages 12-24, all genders Hours: Mon, Tues, Thurs, Fri 9am-3pm, additional programming from 3pm-5pm and 5pm-7pm Offers: HIV/STI Testing, Health services clinic, including genderaffirming hormone therapy, PrEP, pregnancy tests, birth control options, vaccines, and basic needs medical care, One-on-one assistance signing up for health insurance, Resource assistance, including ID replacement, housing referrals, food stamp & job application assistance, Drop-in services (e.g., food, clothing, youth-led programming and leadership opportunities), GED program, high school and college tutoring, or college application and scholarship assistance, Counseling Services Health Services Clinic Hours: Monday, Tuesday, Thursday and Friday: 12pm-7pm, last appointment taken at 7pm.

#### **Covenant House Illinois-Chicago**

Location: 30 W. Chicago Ave, 5<sup>th</sup> Floor CTA: Red Line (Chicago Stop) Contact: 312-759-7888, covenanthouse.org Population: 18-24 year olds, all genders Hours: Tuesdays-Saturdays 8am-3pm Offers: Lockers, showers, computers, breakfast and lunch, lounge, case management, beds, breakfast, lunch, and snacks, health & wellness services, legal assistance.

### Child-Care Assistance and Supports

(i.e. Child Care, therapeutic supports, medical assistance)

#### **Thresholds: Early Learning Center**

Location: 1110 W. Belmont

Contact: Ayanna Kiklas 773-537-3293

Population: Children 6wks to 5 years old

**Offers:** Specialized daycare with a focus on mental health support, safe and fun environment for children, parents of 0-3 year old children receive home visiting with parent education and coaching.

#### **Chicago Commons**

#### Locations:

- (Pilsen) Guadalupano Family Center: 1814 S. Paulina Contact: 312-666-3883, Ages: 2-12 y.o.
- **(Back of the Yards) Paulo Freire Center:** 1553 W. 43<sup>rd</sup> St. **Contact:** 773-826-6260, **Ages:** 0-5 y.o.
- (Humboldt Park) Taylor Family Center: 1633 N. Hamlin Ave Contact: 773-227-8551, Ages: 2-5 y.o.
- **(Humboldt Park) Nia Family Center:** 744 N. Monticello Ave **Contact:** 773-722-0115, **Ages:** 0-5 y.o.

**Offers:** Assistance with federal, state, and city child care subsidy applications, Child Care from 7am-6pm, Family Services (ESL classes, education certificates, financial literacy coaching, pregnancy education classes, sliding scale payment (betw. \$4-\$200 per month), accepts undocumented families, bilingual teacher in each classroom, Head Start curriculum.

**Application Requirements**: Proof of Income, Birth Certificate of child(ren), Physical/Dental exams for child(ren) within 30 days (provide connections to medical partners), Picture ID of parent, Medical Card (will help apply if without insurance).

#### Illinois Action for Children Child Care Consultant

**Offers:** Families are paired with a Child Care Consultant who provide customized referrals to meet the child's needs. Summer Programs. Before/After school programs. Overnight care. Weekend Care. Back Up Care. Preschool Care. Infant/Toddler Care. Spring/Winter Break Camp.

Consultants Available: Mon. – Thurs. 8:30am to 4:30pm, and Fri. 8:30am-12:30pm Contact: 312-823-1100 OR <u>referrals@actforchildren.org</u> Website: <u>www.actforchildren.org</u>

#### **Chicago Early Learning**

**Offers**: Families with children ages 3-4 from Chicago neighborhoods can easily access quality, no-cost or low-cost education options which build a strong foundation for the future.

Contact: 312-229-1690

Website: www.chicagoearlylearning.org

### Pregnant/Parenting Supports

(i.e. Pre-natal education and medical support, post-natal/parenting classes, community building, etc)

### Pilsen Wellness Center

#### Offers:

**Doula Program:** Free home visits. Pairing pregnant teens with a professionally trained mentor who guides each young mother during the last trimester, childbirth, and into a newborn's first few weeks.

**Teen Mom's Program:** Free home visits. Weekly support groups with hot meal provided. Serves Teen Moms between 13 and 24 years of age. Can receive services up until the baby is 3 months old. Education regarding health and nutrition, child development, parenting strategies.

Location: 2319 S. Damen Av. Contact: 773-579-0832 Or youth.services@pilsenwellnesscenter.org

#### Sankofa: Free Parent Education Classes

Location: (West Side Office) 4041 W. Roosevelt Road OR (South Side Office) 200 E. 75<sup>th</sup> Street Suite 208 Contact: (West Side Office) Ed Bickham 312-542-9900 OR (South Side Office) Towana Pope 773-874-7234 Offers: 7 week parenting class and support group which will address: personal reflections, health and wellness, child growth and development, positive guidance, literacy, transition to early care and education programs, parent café Course Options: (West Side Office) Tues, 5pm-7pm OR Thurs. 12pm-2pm / (South Side Office) Tuesdays 10am-12pm

#### Wings

Offers: In home visitation based on family needs, parent support & education, physical/mental health support, prenatal/neonatal education, connecting with schools and community resources, services provided from prenatal period until child reaches age of 3. Population: 16- 23 years old Location: 514 W. 31<sup>st</sup> St. Contact: 312-949-5590 Website: https://onehopeunited.org/wings/

#### Universal Family Connections, Inc Parenting Skills Program Population: Men and women, 15 or older Contact: Surat Bisiriyu 773-881-1711 ex 1193 Location: 1350 W 103RD ST

#### **Rush University: Adolescent Family Center**

Offers: Sexual/reproductive health services, prenatal care, longacting contraception, mental health services, Medicaid applications, various testing, care coordination, nurse practitioners and physicians, social workers, Population: 12-25 years old, all genders Location: 1645 W. Jackson Blvd Suite 315A Contact: 773-942-2777, Kelly Hagler 773.534.7799 Kelly\_Hagler@rush.edu

### Catholic Charities: Roseland Adolescent Parenting Pr.

Location: 11255 S. Michigan Ave Contact: 773-995-1737, Shalonda Carter scarter@catholiccharities.net, Camille Franklin 773-474-7266 Hours: Mon- Fri 9am-5pm (Open until 6pm on Wed) Population: Teen moms ages 13-21. Offers: Parent coaches provide home visitor and group services focusing on child-development and parenting skills to help teen parents create safe, stimulating home environments. Clients must live in an area bordered by 95th Street on the north, 132nd Street on the south, the Bishop Ford Freeway on the east and Ashland Avenue on the west. All staff members are certified as PAT Educators for prenatal, 3 years old, and kindergarten. Doula Services included. Free Diapers, food, and gift cards.

#### Simpson Academy for Women

**Offers**: Support specifically for pregnant/parenting young women, childcare and early childhood education, career development, ACT/SAT prep courses, health and wellness curriculum, traditional high school curriculum, Rush University School-Based Health Center located instead (available for Simpson students and community).

Location: 1321 S. Paulina Street CTA: Polk Stop (Pink Line), #9 Bus Ashland & 14<sup>th</sup> Contact: 773-534-7202

## RESOURCE GUIDE JANUARY 2018

### Community Based Therapeutic Supports

#### CCBYS

#### \*Emergency Counseling Services for Minors\*

**Services**: Assistance for youth who have runaway and/or are homeless minors. Provide counseling services to strengthen family reunification. Provide crisis intervention 24/7 and preventative services. If you need immediate help, this is a great number to call. They have crisis workers in your area that will meet you very quickly.

**Contact:** 1-877-870-2663 – Tell them your address and they will connect you with the worker in your area.

#### LGBTQ Violence Resource Line 773-871-CARE (2273) National Suicide Prevention Lifeline 1-800-273-8255

#### Aunt Martha's Youth Service Center, Inc.

Location Finder: https://www.auntmarthas.org/am-finder/ Website: https://www.auntmarthas.org/ Contact: In Cook County, call (708) 679-8100. 24 Hour Crisis Line: (708) 535-2934; (815) 937-0100 Emerg. Shelter; (708) 849-2770 - Transitional Living

#### Ada S. McKinley

Location: 1359 W Washington Blvd Chicago, IL 60607 Contact: 773-375-1999 Website: <u>http://www.adasmckinley.org/index.html</u>

#### **Metropolitan Family Services**

Location: List of 8 Locations: https://www.metrofamily.org/contact-us/communitylocations.aspx

#### Contact: 312-986-4000

**Offers**: Metropolitan Family Services empowers families to learn, to earn, to heal, to thrive. Part mentor, part motivator, part advocate.

Full list of programs: <u>https://www.metrofamily.org/programs-and-services/Emotional-Wellness/default.aspx</u>

#### **Rethink & Relink Chicago! Reentry Services**

Location: Abbott Hall, 710 N Lake Shore Dr, Suite 900 CTA: #157, #151, #146 bus

**Contact**: Nicole Rae 773.484.6019 <u>nicole.rea@northwestern.edu</u> **Offers:** Case management and therapeutic services to 18-26 years who have been released from Cook County Jail in the last 6 months, most recent offense must be non-violent.

### C4- Community Counseling Centers of Chicago Location(s):

- 4740 N Clark St | Chicago, IL 60640
- 2542 West North Ave Chicago, IL 60647
- 5710 North Broadway St Chicago, IL 60660
  - **Contact**: Call: 773-365-7277 (North Avenue Location) **Offers:** Individual and family outpatient therapy programs, 4 week <u>Multifamily Engagement Group</u>: The group works to increase family engagement in therapy, improve communication, and increase coping skills (can attend while on waitlist!) **Website**: https://www.c4chicago.org/

#### **Casa Tepeyac: In-Home Services**

Location: 4538 S. Hermitage St.

**CTA:** #9 bus (Ashland & 46<sup>th</sup> stop), 47<sup>th</sup> Stop (Red Line) **Contact:** Juan Flores (773)247-7725 x105 <u>iflore@sosillinois.org</u> Veronica Smith 773-247-7725 x121 <u>vsmith@sosillinois.org</u> **Offers:** prevention program for foster care, bilingual services, one meeting a week for 3 months in family's home, parenting programs, academic support for youth, case management, link to resources, will provide assistance to homeless minors- will seek consent from a guardian within 48<sup>th</sup> hours. **Service Area:** North Border: Rodgers Park, West Border: Harlem, South Border: 95<sup>th</sup> street.

#### Thresholds: EMERGE

Location: 4104 N. Ravenswood Blvd CTA: Brown Line (Irving Park Stop)

**Contact:** Marc Fagan <u>marc.fagan@thresholds.org</u> **Intake Number:** 773-432-6555 <u>youngadult@thresholds.org</u> **Population:** 17-26, males and females diagnosed with a primary mental illness with insurance, private pay, or Medicaid **Offers:** Evidence informed mental health services in their home and community settings, transition coaching, therapy and psychiatry, supported employment & education, peer support, individualized care.

#### **Thresholds: Mind Strong**

Intake Number: 773-432-6555 <u>youngadults@thresholds.org</u> Population: 14-40, males and females, <u>experiencing symptoms</u> <u>of psychosis for first time within the last 18 months</u>, with Medicaid, most commercial insurances Offers: Early intervention, mental health treatment, rapid assessment and individualized care planning, low dose medication management, school, work, and career development, family engagement and peer support.

# Community Based Therapeutic Supports (Cont.)

#### **Pilsen Wellness Center**

Offers: Community center supporting individuals who are homeless or at risk of becoming homeless and who suffer from mental illness. Services include: housing information, information and referrals to soup kitchens/food pantries, assistance with applying for rental/utility asst., assistance applying for public benefits. Services provided in English and Spanish. Location: 2015 W. Cermak Rd. Contact: 773-890-0645 Website: www.pilsenwellnesscenter.org

#### **Oak Park Counseling Center:**

**Offers**: Adolescent Girls'/Boys' Group, Adults CONNECT Group, Adolescent Identity-Focused Group, Children's Group, Medication Mgmt, Supporting stabilization following recent hospital discharge. **Location**: 101 Madison Street, 2<sup>nd</sup> Floor **Contact**: 708-859-8004

### Hartgrove: Supportive Transition through Assistance with Reintegration Program (S.T.A.R. Program)

**Offers**: Designed to provide support to youth and the family as they transition back into their communities to ensure positive and successful experience. Main objective: to reduce psychiatric hospital recidivism rates by focusing on increase compliance with outpatient treatment and medication management. Each youth provided a liaison that assists with parental education, positive coping skills, academic support, and much more!

Location: 5730 W. Roosevelt Road Contact: 773-413-1700 OR 773-413-1720 Requirements: Participant much currently be enrolled in school, have had 2 psychiatric hospitalizations in the past 6 months, and/or been readmitted to inpatient, partial, or IOP within a period of 30 days.

#### **Youth Outreach Services**

Offers: Behavioral health counseling, legal support and navigation of the juvenile justice system, substance recovery programming, intact family services/therapy, youth employment, teen pregnancy education and prevention, afterschool & summer programs. Location: Near West Side, Austin, Melrose Park, Irving Park (for specific address: www.yos.org ) Contact: 773-777-7112 (available 24/7 for assistance)

#### **El Valor Family Outreach**

**Offers:** Opportunities to gather with other families with children/young adults with special needs and have access to different life enrichment services. Parent support groups, resources and employment workshops, social club, art classes, adult fitness activities: exercise and nutrition classes, field trips. **Location:** 1850 W. 21<sup>st</sup> Street **Contact:** Ruben Bautista 312-391-9208

#### **Catholic Charities**

**Services:** child development education/support, family strengthening, emergency assistance, senior community-based services, domestic violence counseling, school-based services, substance abuse/recovery support, youth mentoring services.

#### Locations:

https://www.catholiccharities.net/miscustompa ges/dafwidget.html/GetHelp/OurServices/Couns eling.aspx

Main Line: 312-655-7700

# Community Based Therapeutic Supports (Cont.)

#### **Clinical Care Consultants**

Offers: Individual, family, group, and couples counseling, DBT, mindfulness counseling, Trauma resolution, Exposure Response Prevention (ERP). See website for specialities. Location: 3325 Arlington Heights Rd. Suite 400B, Arlington Heights, IL 60004 Location: 1642 W. Colonial Parkway Suit 100 Inverness, IL 60067 Contact: 847-749-0514 Website: www.clinicalcareconsultants.com

#### Universal Family Connection, Inc (UFC) Behavioral Support for At-Risk Youth

**Offers:** Intensive counseling services with the goal of problem solving abuse; physical, mental, and emotional, as well as, reducing those factors placing them at risk for social, emotional and educational failure.

Population: Ages 13 and under Location: 1350 W. 103rd St. Contact: Ray Swope 773-881-1711 ex 1176 Surat Bisiriyu 773-881-1711 ex 1193

#### UFC, Inc: Intensive Youth Services Program

Offers: Prevention of gang recruitment, crisis mgmt., case mgmt., family therapy, etc Population: Ages 9-18 Location: 1350 W 103RD ST Contact: Emma Allen 773-881-1711 ex 1161

#### La Rabida Hospital Children's Advocacy Center

**Offers**: The La Rabida Children's Advocacy Center (CAC) is a safe and child friendly environment for alleged sexual abuse victims and children who have experienced psychological trauma. The CAC provides investigative services to the 6th Municipal District of Cook County and therapeutic and support services to children and their families throughout the south suburbs. (Specialty: Youth experiencing/presenting significant sexualized behaviors). All services are provided to families free of charge.

**Location**: Located in the Park Forest Police Department Building: 200 Lakewood Boulevard, Park Forest, IL

Intake: 773-374-3748 ex 2221 Contact: Ellen C. Tannenbaum <u>etannenbaum@catholiccharities.net</u> Website: http://www.larabida.org/page-cac

#### Oak Park Music Therapy

Offers: Individual and group music therapy (in a facility, school, private home, or clinic space) and Music Psychotherapy (to help individuals develop relationships and address issues they may not be able to address in with words alone). Location: 715 Lake Street, Suite 517C, Oak Park, IL 60301 Contact: Victoria Storm (Director/Music Therapist), 312-286-6778, <u>Oakparkmusictherapy@gmail.com</u>

Website: www.oakparkmusictherapy.com

#### YWCA: Case Management Services for Survivors of Sexual Violence & Non-offending Family Members

**Offers**:. The YWCA strives to connect clients to resources to help them move from surviving to thriving. Case management services are offered in-person, via telephone, or a combination of both

#### Locations: RISE Center

820 W. Jackson Blvd. Suite 550
<u>Laura Parks and Mildred Francis Center</u>
6600 S. Cottage Grove Ave.
<u>Cynthia B. Laufente Center (Closed until Spring 2018)</u>
2754 W. Fullerton Ave

Patterson and McDaniel Family Center 2055 W. Army Trail Rd., Suite 140 Addison, IL 60101 <u>South Suburban Center</u> 320 W. 202nd Street Chicago Heights, IL 60411

Contact: 312.229.7252 (Chicago) or 630-790-6600 x 1407 (Suburban Locations).

# After School & Additional Youth Programming

Community based supports designed to keep youth engaged in health relationships and safety.

#### **Gary Comer Youth Center**

Location: 7200 S. Ingleside Ave Contact: 773-358-4100 Offers: Provide after school programs in the following categories: academic support & college prep, leadership & social development, media & technology, sports/fitness & recreation, urban agriculture & culinary arts, visual & performing arts, and teen employment, Focus on the therapeutic/counseling needs of all their youth,. Hours: Monday-Friday 8:30am to 9pm

Website: <u>http://garycomeryouthcenter.org/</u>

#### Sankofa Safe Child Initiative: "Building Up Our Brothers" Male Restorative Justice Program / Male & Female Anger Mgmt.

Location: 4041 W. Roosevelt Rd CTA: Blue Line (Pulaski Stop) Contact: Ed Bickham 773-542-9900 Population: Males 16-24 When: Wednesdays at 5pm Offers: An empowering and evidenc

**Offers:** An empowering and evidence based program for young men who have had contact with the criminal justice system. Peace circles, counseling services, substance abuse services, fatherhood advocacy, employment assistance, parenting classes, anger management/conflict resolution services. OR Eight self-motivated anger management classes,

#### After School Matters: Art Reach (Firehouse & Lillstreet)

Location: 4041 W. Roosevelt Rd CTA: 1123 W. Roosevelt Contact: Pearl Dick 773-907-0841 Population: Ages 14- adult When: Wednesdays 3pm-5pm Offers: Certifications in Glass blowing, torch safety, glass fusing, ceramic hand building, etc. Job opportunities following the program. Field trips, Cost: \$375 per participant

#### Project H.O.O.D.'s CHOICES Program

Offers: 8-week "Team Building" sessions with Chicago Adventure Therapy, 10-week Culinary Arts class, 6-week Job Readiness, summer employment, 8-week female mentoring program. Location: 6330 South King Drive Contact: 773-326-4216 Website: www.projecthood.org/new-page/

#### **Dreamchasers University Mentorship Program**

**Offers**: Program focuses on financial literacy, character development, education, and entrepreneurship for young men in grades fifth thru eighth. Field Trips and events outside of school play a major role in the program, constantly introducing the young men to new opportunities, places, and ideas. Available mentorship program as well: once a week for 1 hour. The duration of the program is 8 weeks. 8 Hours Total

Locations: South: Robert A. Black Magnet School 9101 S Euclid Ave, Chicago, IL 6061

West: Dodge Renaissance Academy 431 N Troy St, Chicago, IL 60612

Northwest: A.N. Pritzker School 2009 W. Schiller Street, Chicago, IL 60622

Contact: Clifton Ballard (708)253-5804 or Demetrius Lee (312) 998-6128 Website: https://www.dreamchasersunited.com

## Mentorship Programming

Community based supports designed to keep youth engaged in health relationships and safety.

#### **Bridges to Pathways**

Offers: weekly support group and mentorship for 18-24 year olds<u>, bi-weekly financial stipend</u>, connections to school, monthly group outings Requirements: Not yet graduated high school. Location: 5467 W. University Contact: Heshima Mance 773-643-0452 ex 2418 hmance@cccsociety.org

#### **Girls In Action: Mentoring Program**

Location: 2929 S. Wabash Ave Suite 200, Chicago IL 60616
Contact: 312-225-3800 Ex 19 OR 24
CTA: #29 Bus (State & 29<sup>th</sup> stop) #1 Bus (Michigan & 29<sup>th</sup> Stop)
When: Every Saturday from 11am to 1pm.
Offers: Community services, field trips, job readiness, academic enhancement, and abstinence education, <u>refreshments and bus fare provided.</u>

#### **Automotive Mentoring Group**

**Offers:** supporting mentees earn their high school diploma, enroll in colleges, and obtain jobs in the automotive industry. Mentors teach automotive repair (inc. bodywork, restoration, light mechanical work). Three to six month long program **Location:** 6522 S. Lavergne Ave **Contact:** 773-563-0034

#### Mercy Home for Boys & Girls: Friends First

Location: 1140 W. Jackson Blvd

CTA: Blue Line- Racine

Contact: Katie Gunter 312-738-6368 katgun@mercyhome.org

**Population**: 9-16, males and females with stable living situations, living in Cook County, without pending legal issues, frequent hospitalizations or runway behavior.

**Offers**: One-on-one mentorship, meet twice per month for a total of 8 hours, site-based and off site fun & meaningful activities, same-sex matches, responsible mentorship, ask for at least a one year commitment (with options up to 3 years) **Website**: <u>www.mercyhome.org/mentor</u>

## Vocational Training Programs

Employment training programs as well as job fair opportunities.

#### Year Up: Chicago

**Offers**: One year workforce development professional training in Information Technology (IT), Financial Operations, Customer Service & Sales, and Business Operations, accelerated 21 week training, 30 hours a week, followed by 6 months internship, working 40 hours a week, stipend of up to \$150 per week during coursework phase, and \$200 per week during internship phase. **Location**: 223 W. Jackson Blvd Suite 400

**CTA**: Bus routes are #126; #151; #156; #7; train route is the Quincy exit via the brown, pink, orange and purple lines **Contact**: Alexis Trocki ~ 312-982-8274 atrocki@yearup.org **Population**: 18 – 24 years old; HS diploma or GED; eligible to work in USA; will work with DACA candidates or recipients

#### **Growing Home: Production Assistant**

**Offers**: Training on an urban farm while focusing on job readiness (attention to detail, professionalism, conflict resolution, interviewing, resume development, etc), Minimum 24 hours per week, paid \$10.50/hour, Accepts applicants who are currently or have previously been involved with the criminal justice system. **Location**: 5814 S. Wood Street

Contact: Tonika Johnson 773-434-7144

**Requirements**: 18+ years old, currently unemployed, must be able to read, write, and do math at a 6th grade level or above, much be a Chicago resident, must be able to stand, bend, and work for up to 6 hours at a time

#### UPS

**Offers**: Pay starts at \$10.20 per hour, work 3.5-5 hours Monday-Friday, weekends and holidays off, up to \$25,000 in Education Asst., Healthcare and 401K benefits after a year of working with them, paid vacation, promotion opportunities available. **Contact**: Tina Crawford 708-6701-3969 **Website**: www.upsjobs.com

#### Project H.O.O.D.'s Café and Juice Bar

Offers: Career in hospitality, include basic training courses in hospitality, business development, and executing a business plan. Location: 6330 South King Drive (New Beginnings Church) CTA: King Drive Stop (Green Line) Contact: 773-326-4216 Website: www.projecthood.org/hospitality-and-food-service/

#### Re:Work

**Offers**: 10k training program, Training in sales (objective handling, closing business, etc), Technology and Software skills/mgmt. Average salary post-program: \$52,000. Program is free of charge. \$20/session stipend (\$40 per weekend)

Location: 2150 S. Canalport Ave.

**Contact**: 312-585-6410 <u>harrison@reworktraining.org</u> **Requirements**: 18-30 years old, a high school diploma/GED, without bachelor's degree, low/moderate socioeconomic status, available on weekend afternoons.

#### **Inspiration Kitchens: Food Service Training Program**

**Offers**: 12 week long program, 4-6 hours each day, stipend of \$350 received at the end of the program, bus cards provided, resume writing, practice interviewing, team building skills, restaurant experience, access to a career specialist after the program is complete, no background check, graduates typically earn \$10.50/hour after completing the program.

**Certificate Available:** Illinois Food Handlers Certificate and/or City of Chicago and State of Illinois Food Service Sanitation Managers Certification.

Location: 3504 W. Lake Street

**CTA**: Central Park/Conservatory Stop (Green Line) **Contact**: 773-940-1637ext.17 <u>cwoodley@inspirationcorp.org</u> **Requirements**: 18 + years old, 6th grade math/reading level, pass a TB test, be able to stand for long period, attend an orientation (held every Tuesday at 1pm at location above), no appointment required

#### **CARA** Program

**Offers**: Training that focuses on career development and job readiness begins with classes in professionalism, customer satisfaction, basic computer skills and interviewing competency.

Location: 237 S. Desplaines / 4655 S. King Drive Contact: 312.798.3309, option 5 and leave a message. Requirements: Be drug-free, Have stable housing for at least 3 months, Have reliable childcare, Be mentally/physically stable, Not have convictions of a violent nature.

Website: http://www.thecaraprogram.org/

# Vocational Training Programs

Employment training programs as well as job fair opportunities.

#### Project H.O.O.D's Construction Program

Offers: Pre-apprenticeship training, Skilled Trades Training: CORE and Carpentry Level 1, partnering with the Illinois Chapter of Associated Builders and Contractors (ABC-IL) and Preservation of Affordable Housing's Woodlawn Resource Center (POAH) to enroll and train up to 20 applicants Population: Ages 18-24, men and women Location: 6330 South King Drive CTA: King Drive Stop (Green Line) Contact: 773-326-4216 Website: www.projecthood.org/construction-program/

#### Universal Family Connections, Inc: Workforce Affiliate Employment

Offers: List of positions they train and pair with: <u>http://www.paramountstaffing.com/employers/skilled-employees/</u>, conflict management, finding safe living environment, develop community/family supports.
 Locations: Employment placements available in several suburbs (inc. Aurora, Bollingbrook, Des Plaines, Joilet, Plainfield, Gurnee, Waukegan, Oak Park, Dover, Chicago Ridge, etc), counseling for DV victims.
 Contact: Dr. Audra Rowe 773-881-1711 ex 1175, Monica Williams 773-881-1711 ex 1153

#### **Universal Family Connections, Inc: Youth Working for Success**

**Offers**: 15-week three phase civic leadership program designed to empower justice involved youth to develop leadership skills, address issues impacting their communities, and prepare them for employment. **Location**: 1350 W. 103<sup>rd</sup> Street **Contact**: Dr. Audra Rowe 773-881-1711 ex 1175

#### Chicago Women in Trades

Offers: Technical Opportunities Program: Pre-apprenticeship program preparing women to compete for and succeed in construction apprenticeship programs and other related nontraditional occupations. CWIT offers three sessions of this 12-week, approximately 180 hour course, serving an average of 75 women annually

Women in Welding Program: provide women with welding instruction, primarily geared toward preparing them for entry level manufacturing jobs. The approximately 13 week, full-time training program provides successful graduates with fork lift driving and OSHA 10 certification as well as American Welding Society credentials
 Intake: Attend information session: 1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the month at 10:30am OR 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of the month

5:30pm. Register: <u>http://chicagowomenintrades2.org/programs-2/register-for-information-session/</u> Location: 2444 W. 16th Street, Suite 3E

Contact: 312-942-1444

## Academic Resources and Support

The following programming provides academic assistance and programming for a wide variety of ages.

#### Arupe College of Loyola University Chicago

Location: 1 E Pearson St, Chicago, IL 60611

CTA: Red Line (Chicago Stop)

Contact: Ernest Fernandez (LCSW) 312-915-8923 efernandez1@luc.edu

Yolanda Golden (associate dean for student success) 312-915-8916 ygolden@luc.edu

**Offers:** 2 year program, assistance with funding and scholarships (working to guarantee students walk out of their degree with little to no debt), accept undocumented students, Degrees offered in Liberal Arts, Business, and Social Sciences, several tutor services (volunteer tutors and academic coaches), advisors assigned to each student and required to see him/her once per month, access to Loyola University services (i.e. Wellness Center, Fitness Facilities, Libraries, Labs, etc), counselors that help students apply for welfare programs and provide case management.

#### **Alternative School Network**

Location: (Main Office) 1804 W. Sunnyside Ave School Locator: <u>http://www.asnchicago.org/locator</u> Contact: 773-728-4030,

**Offers**: staff professional development, pre-employment and job training, counseling and mentoring, youth leadership (Biannual Youth Conference), violence prevention (All-Network Prom, Athletic League, Arts Education/Video Production Project), Support services, advocacy (alternative education, equal education opportunities, youth employment).

#### Student Outreach and Re-engagement Centers (S.O.A.R.)

**Offers**: Support for students across the city and are integrated into community based organizations located in neighborhoods with high populations of dropouts including Garfield Park, Little Village, and Roseland. Focuses on outreach, enrollment, monitoring, and workshop to prepare students for re-entry, credit recovery, social emotional support, school visits, home visits, and advocacy. Paired with a re-engagement specialist.

Main Office: 3948 W. 26th St. 2nd Floor

Contact: Pete Gonazlez 773-329-7086 pggonzalez2@cps.edu

**Requirements**: Between the ages of 14-21, previously attended a CPS school **Website**: <u>http://www.workforceboard.org/media/13486/SOAR-Overview-CCWP-4-15-15.pdf</u>

#### Aspire Group

Population: Minors and adults

**Offers/Focus:** Assists clients who want to explore school alternatives because they are interested in further developing a passion and/or are in need of more challenging academic environment. Interviews the client and family to determine academic strengths and weaknesses, social/emotional needs, and extra-curricular interests, researching/recommending the most appropriate educational placement/program, and necessary follow up and tutoring. **Locations:** Deerfield, Wheaton, Highland Park, Chicago

Contact: 847-945-0913

Website: http://www.theaspiregroup.com/

## Family Housing Resources and Supports

Residential programs that support and provide case management to the entire family unit.

#### Sankofa House "Miracle on 12<sup>th</sup> Street"

Location: 4041 W. Roosevelt Road

CTA: Blue Line (Pulaski Stop)

Population: Grandparents/kinship caregivers raising children and young adults aging out of foster care

**Offers:** 58-unit supportive housing facility providing housing options for grandparents raising children and young adults. Provides case management, intergenerational activities, safe and clean housing options, provide supportive services and assist residents in establishing linkages to community resources. Provides trauma informed supportive services, housing, referrals to resources, and trainings that encourage underserved families and communities to be strong, self-sufficient, and remain intact.

#### Salvation Army Booth Lodge

Location: 800 W. Lawrence

CTA: Broadway Stop (Red Line), #146 bus

Intake: 773-433-5710 OR 311, call the front desk to see if there are any openings or call 311 to get a referral to this shelter

**Offers:** Transitional housing support for families (120 days), private room for the family, grandparents raising children welcome, weekly case management, resources and referrals for employment, education, legal, therapeutic, and health services, some assistance with transportation, laundry, computer lab.

#### H.O.M.E. (Housing Opportunities & Maintenance for the Elderly)

**Offers:** A home upkeep and repair program to ensure seniors enjoy healthy and safe living conditions; A shopping bus to assist seniors who have limited mobility or live in food deserts with transport to grocery stores where they have access to food, medicine, and home supplies that are essential to their well-being; Three intergenerational affordable houses where seniors choose between individual apartments or, for residents who need some assistance, the Good Life Senior Residences at H.O.M.E.; A moving program offers seniors support and assistance through one of life's most stressful events—moving from one home to another. \*Free home interior painting program\* \*Moving Company for seniors\* **Location:** Scattered site OR multiple housing locations

Contact: Bruce Otto (Executive Director) (773) 921-3200

Website: https://www.homeseniors.org/

#### Roseland Christian Ministries: Women and Children's Shelter Ministry

**Offers**: 12 month shelter for women with children (Infant-13 yrs old - 4 children per mom), For mothers attending school or seeking employment and permanent housing, Families leave in the morning and return by 6pm, families have their own room but share everything else,

Office Location: 10858 S. Michigan Ave

Contact: 773-264-5664

Website: http://www.roselandchristianministries.org/women-children-s-transitional-housing/

## **Domestic Violence Supports**

Services addressing needs of domestic violence survivors and offenders

### Illinois Domestic Violence Hotline 1-877-863-6338

This hotline is confidential, available 24 hours a day, and can help you no matter what language you speak. You can call or <u>text</u> this hotline number for crisis intervention, safety planning, connection to services.

#### South Suburban Family Shelter

**Offers**: Specializing in domestic violence services for families. 24 hour hotline. Emergency shelter. Counseling for victims and children. Court advocacy. Abuser intervention programs. Violence prevention projects. Professional trainings. English/Spanish services available.

**Contact**: 708-798-7737 **Hotline**: 708-335-3028

#### Universal Family Connections, Inc: Domestic Violence Victim Assistance

**Offers**: individual counseling, crisis intervention, case management, support groups, education and community workshops, client advocacy, goal of problem solving for ALL abuse: physical, mental, and emotional.

Location: 1350 W. 103<sup>rd</sup> Street Contact: 773-881-1711

#### Universal Family Connections, Inc: Partner Abuse Intervention Program

**Offers**: 26 sessions, Program works to reduce violence in the African American community by providing perpetrators and their families with culturally competent and relevant education on violence. To examine the beliefs that men/women who used to justify that behavior, recognize violence, confront violence, behavioral change in batterer

Location: 1350 W. 103<sup>rd</sup> Street Contact: Paula A. King 773-881-1711 ex1159

## Medical Centers and Supports

Each of the following health clinics focuses on family and internal medicine and accepts Medicaid.

#### **Erie Teen Health Center**

Location: 2418 W. Division Street CTA: #70, #49 bus Contact: Yessenia Feliciano 312-432-4590 Intake: Front Desk 312-432-4570 Offers: Medicaid covered, comprehensive physicals for youth 11-24 years old, Assist young people sign up for medical cards (also able to look up medical card ID numbers if they are missing their medical cards), Teen counseling around reproductive health, Behavioral Health/Counseling, Prescription support and Medication management, Health and Wellness Programs, Teen Health Services, Parking lot available. Required: Photo ID

#### PCC Community Wellness Center Multiple Locations:

#### 

**Offers:** Pediatric and adolescent care (including well child exams, immunizations, lead screening, and school physicals), women's care, maternal/child care, adult and senior care, HIV screening, counseling and treatment, behavioral health services, dental care and referrals, In-patient care at certain locations, birth centers.

**Eligibility:** Major health plans, Medicaid and Medicare, All Kids and Family Care, sliding fee discount program for patients who do not have insurance (based on income and family size).

#### Access Community Health Network Multiple Locations:

https://www.achn.net/locations/

**Intake**: 1-866-267-2353 (same day appointments available)

**Offers**: Family practice, internal medicine, pediatrics, obstetric/gynecological and midwifery services, school and sports physicals, management of chronic diseases (diabetes, asthma, high BP), behavioral health services, HIV/AIDS testing and counseling, on-site lab tests, on-site language interpretations services, case management, family planning services for free or at low cost, men's support services, assistance applying for insurance services.

#### **Chicago Department of Public Health**

Offers: Extensive and practical health classes, guide of STD screening and treatment management, introductions to clinic throughout the Chicago-based area, etc). Facilitators are available to come into schools and/or programs. Location: 2133 W. Lexington Street, 2nd Floor Contact: Regina A. Jordan-Lee, M. Ed. Phone: 312-745-5633 Email: regina.jordan-lee@cityofchicago.org

#### Rush University: School Based Health Center/Adolescent Family Center

**Offers:** School and sport physicals, immunizations, acute care visits (asthma, headaches, stomach aches, injuries), mgmt. of chronic illness, sexual & reproductive health services, prenatal care, mental health services, various testing, care coordination.

Location: 1321 S. Paulina Street (In Simpson Academy for Young Women) OR 1645 W. Jackson Blvd Suite 215S Contact: 773-534-7202 OR 312-942-2777

## Substance Use Treatment Programs

I.e. outpatient, inpatient, intensive outpatient programs

#### Gateway Foundation: Alcohol and Drug Treatment Centers Multiple Locations:

http://recovergateway.org/drug-rehab-centers/ Contact: Katie Richburg 773-459-0672 karichbu@gatewayfoundation.org Intake helpline: 877-505-4673 \*Call this number to

determine the best program for the client Offers: Outpatient and inpatient program options, comprehensive approach (substance abuse education, individual and group counseling, medication to reduce or eliminate cravings and withdrawal symptoms, behavioral therapy, family counseling), aftercare support for alumni.

#### **Thresholds: Substance Use Treatment**

**Offers**: Outpatient and Intensive Outpatient Services, group therapy, individual therapy, recovery coaching, family and couples counseling, case management, medication assisted treatment. Therapeutic approach: cognitive behavioral therapy, motivational interviewing, dialectical behavioral therapy, acceptance and commitment therapy, harm reduction, relapse prevention therapy, and medication assisted treatment.

Locations: Austin and Blue Island Contact: 1-888-828-5709 Website: <u>www.thresholds.org/substance-use</u>

#### Catholic Charities Addiction Counseling & Education Services Location: 2601 W. Marquette AND 721 N. LaSalle Contact: 312-655-7725

**Offers**: We also offer day and evening anger management classes which meet court requirements, non-DUI court substance abuse evaluations, smoking cessation group and a 12 step meetings on Thursdays at 7:30 pm in Marquette Park. DASA licensed provider of Level 1 (outpatient) and 2.1 (intensive outpatient) substance abuse treatment for adults and adolescents (ages 12 and up). We can accept clients without insurance. We provide caring, trauma informed services, utilizing evidence based practices, in both English and Spanish.

#### Healthcare Alternative Systems, Inc. (HAS)

Offers: continuum of multicultural and bilingual behavioral care and social services that empower individuals, families, and communities. Outpatient and residential programming, medication assistance treatment, postpartum depression program, men's transitional housing program, Accepts private health insurance, Medicaid (including All Kids), and self-pay, Services are offered at a sliding scale fee, Website: www.hascares.org (HAS has a significant list of programs, please visit their website to see more detailed descriptions, locations, and contact information).

#### **Haymarket Center**

**Location:** center is at 932 w Washington, Detox services: 120 N Sangamon, Other locations exist, ask on phone intake

**Contact:** 312-226-7984 ext. 348 for detox center **Offers:** assessments, criminal justice programs, case management, detox services, out/inpatient programs, recovery homes, self-help groups, and other services related to parenting and wellness. Within detox and residential inpatient programs there are a variety of gender separated programs offering various levels and specialties of care. Must do on the phone intake (or general intake) before enrolling.

#### Above and Beyond: Family Recovery Center

Offers: 12 step meetings, Self-Management and Recovery Trainings, Women for Sobriety, Rational Emotive Behavioral Therapy, Art Therapy, Street Yoga, trauma informed treatment, housing program available, employment programming. Location: 2942 W. Lake Street Contact: 773-940-2960 Website: www.anb.today

### Legal Assistance

Each clinic below has a specific specialty (i.e. immigration, criminal, trafficking, drug and alcohol charges, etc.

#### Bluhm Legal Clinic, Northwestern School of Law: Children and Family Justice Center

Offers: Legal representation to youth charged in juvenile and criminal court on cases ranging from misdemeanor to first degree murder. Part of the legal representation includes assisting youth who have placed on the sex offender registry by petitioning the court for their removal. The CFJC Immigration Law Clinic represents low income immigrants, primarily youth and families fleeing violence in removal and deportation proceedings. Immigration related legal services that are provided include humanitarian relief, asylum, special immigrant juvenile status, relief under the Violence Against Women Act, T (trafficking) nonimmigrant classification, U (crime victim) nonimmigrant classification, and cancellation of removal. Working with Bluhm Legal Clinic social workers, CFJC attorneys assist their clients in obtaining needed supports such as special education services, stable housing, medical care, and mental health treatment.

Location: 375 E. Chicago Ave Contact: 312-503-8576

#### Instituto Health Sciences Career Academy

Offers: Know Your Rights Information sessions. Provide instructions and handouts for interactions with I.C.E. and possible detainment. Connect clients with legal, counseling, and financial support. Location: 2520 S. Western Ave Contact: 773-890-0055

#### Southwest Organizing Project (SWOP)

Offers: Know Your Rights Information Sessions. Provide information about current DACA applications and possible renewal opportunities. Connect clients with requested resources. Location: 2558 W. 63rd Street Contact: Luis Huerta-Silva 773-471-8208 x126

#### Pilsen Wellness Center

Offers: DUI Evaluation Prep. Mandated Court Counseling for ALL levels, Basic Case management, Free Legal Seminars, Response to Denial Letters for the Secretary of State, Translation Services, Flexible hours (day, night, and weekend), reasonable rates, flexible payment plans. **Contact**: 1-888-255-5523 **Locations**: Little Village: 3113 W. Cermak Rd. 773-277-3413, Pilsen: 2319 S. Damen Ave 773-579-0832, <u>Melrose Park</u>: 1633 N. 37th Ave. 708-343-7860

#### **Catholic Charities Legal Assistance (CCLA)**

Offers: Attorneys offer clients basic legal advice and referral services via a telephone hotline, monthly advice desks at Catholic Charities Evening Supper Program, and in person. Clients in need of legal representation may be placed with a volunteer attorney from CCLA's Pro Bono Network or directed to a legal aid organization. Legal educational seminars are also offered. Services are free and available in Spanish. Location: 721 N. LaSalle Street Contact: 312-948-6821

### Connections for Abused Women and their Children (CAWC)

Offers: self-help, empowerment approach. Provides a shelter for women and children, individual and group counseling, advocacy, 24hours hotline, life skills training in goal setting, budgeting, and safety planning, information re: housing, income, employment, and education, legal advocacy for people affected by domestic violence. Bilingual Services available. Location: 1116 N. Kedzie Ave Chicago, IL 60651 Contact: 773-489-9081

24-hour Domestic Violence Hotline: 773-278-4566

## **Benefits Enrollment Resources**

Please note that all of the Drop In centers (Page 9) can also support youth/clients with benefits enrollment. The below resources have a particular focus or specialty with benefit support.

### El Valor: Building Communities of Excellence and Inclusion:

#### Location & Contact:

- Main Office/Adult Services: 1850 W. 21st Street, 312-666-4511
- Guadalupe Reyes Children and Family Center: 1951 W. 19th Street, 312-997-2021
- Rey Gonzalez Children and Family Center: 3050 E. 92<sup>nd</sup> Street, 773-721-9311
- El Valor Technology Center: 1924 W. 21st Street, 312-997-2030
- Carlos H. Cantu Children and Family Center: 4305 W. 24<sup>th</sup> Place, 773-242-2700

**Offers:** All services in Spanish and English, supporting families through family support groups, parenting classes, health screenings, financial classes, etc. <u>Supporting people with disabilities</u>: vocational evaluation and assessment, development training, supported employment, competitive employment, community residential services, acquired brain injury case management services, home-base case management, respite care, people first (self-advocacy), <u>assistance with state and federal disability welfare applications</u>.

#### **Erie Teen Health Center**

Location: 2418 W. Division Street CTA: #70, #49 bus Contact: Yessenia Feliciano 312-432-4590

Intake: Front Desk 312-432-4570

**Offers:** Medicaid covered, comprehensive physicals for youth 11-24 years old, Assist young people sign up for and navigate medical insurance (also able to look up medical card ID numbers if they are missing their medical cards), Teen counseling around reproductive health, Behavioral Health/Counseling, Prescription support and Medication management, Health and Wellness Programs, Teen Health Services, Parking lot available. **Required:** Photo ID

#### **Community and Residential Services Authority**

**Offers**: provide technical assistance to parents, service consumers, providers and member agency personnel to appropriately access needed services, IEP consultation, SSI/SSDI navigation,

**Population**: 21 years of age or under, shows evidence of being severely emotionally disturbed or behaviorally disordered.

Location: 100 N. First Street, W-101, Springfield IL 62777 Contact: Robert Watts 312-550-0096 or 217-782-2438

#### Rush University: School Based Health Center/Adolescent Family Center

**Offers:** School and sport physicals, immunizations, acute care visits (asthma, headaches, stomach aches, injuries), mgmt. of chronic illness, sexual & reproductive health services, prenatal care, mental health services, various testing, care coordination.

Location: 1321 S. Paulina Street (In Simpson Academy for Young Women) OR 1645 W. Jackson Blvd Suite 215S Contact: 773-534-7202 OR 312-942-2777

## Extra Miscellaneous Supports

The following programs did not fall into a specific category of support

#### Transportation Support through Passages Alternative Living Programs Inc.

Location: 2929 S. Wabash Ave, Suite 200, Chicago IL 60616

**CTA:** #4, #1, #119 bus

Contact: Bettye Yancy OR Angel Mack at 312-225-3800

**Offers:** Transportation services for children and parents to counseling, school, medical appointments, unsupervised visits, and other approved appointments. Requires a referral form seven days prior to transportation services.

#### Humble Designs

**Offers**: a non-profit organization helping families transitioning out of homeless shelters by providing furnishing and design services. Using gently donated items from the community, we turn four bare walls into clean, dignified and welcoming homes for our client-families. It's a very simple idea that can change a family's future! Need to have stable housing.

Location: 431 W. Pershing Rd Contact: Kristin Drutches 312 925 6677 <u>kristind@humbledesign.org</u>

Website: <a href="http://www.humbledesignchicago.org/">http://www.humbledesignchicago.org/</a>

# Food Resources/Pantries

New Seed Pantry

Location: 4716 N Malden St, Chicago, IL 60640 Contact: Pat Paul, (312) 450-5021 Hours: Last two Sundays (of the month): 12pm-2pm Offers: pantry and soup kitchen and clothing

#### ST. THOMAS OF CANTERBURY

Location: 4827 N Kenmore Ave, Chicago, IL 60640 Contact: Nancy Martinez-Rey, (773) 878-5507 Hours: Pantry HOURS: Tuesday 9:30 am - 12:00 pm, 2nd and 4th: Friday: 9:30 am - 12:00 pm Soup Kitchen HOURS: Tuesday & Friday: 5:30pm - 6:30pm Offers: soup kitchen and pantry

#### RAVENSWOOD COMMUNITY SERVICES RAVENSWOOD SCHOOL

Location: 4332 N Paulina St, Chicago, IL 60613 contact: Lori Gee, (773) 769-0282 Hours: Every 2nd Saturday: 9:00 am - 11:00 am Offers: Mobile pantry

#### Lake View Pantry

Location: 3945 N. Sheridan, Chicago, IL 60613 Contact: Greg Nergaard, (773) 525-1777 Hours: Monday, Wednesday, and Friday: 12:00 pm -4:00 pm; Thursday: 5:00 pm - 8:00 pm Offers: Pantry

#### **Common pantry**

Location: 3744 N Damen Ave, Chicago, IL 60618 Contact: Kathleen Trainor, (773) 327-0553 Hours: Pantry HOURS: Wednesday: 1:00 pm - 4:00 pm; 6:00 pm - 8:00 pm; Thursday: 1:00 pm - 4:00 pm Produce Mobile HOURS: 3rd Monday: 10am- 12pm Offers: mobile pantry, pantry, soup

#### **Preston Bradley Center**

Location: 941 W Lawrence Ave 2nd Fl, Chicago, IL 60640 Contact: Isaac Barentine, (773) 784-6633 Hours: Monday, Tuesday, Thursday, Friday, Saturday, and Sunday: 11:30 am - 1:30 pm Offers: soup kitchen

#### **Cornerstone Community Outreach**

Location: 4626 N Clifton Ave, Chicago, IL 60640 Contact: Chris Ramsey, (773) 271-8163 x25 Hours: Pantry HOURS: Wednesday: 9:30 am - 11:30 am Shelter HOURS: Daily: B: 7:30 am - 8:30 am, L: 12:00 pm -1:00 pm, D: 4:30 pm - 5:30 pm Soup Kitchen HOURS: Saturday: 1:30 pm - 3:30 pm Offers: pantry, shelter, soup kitchen

#### St. Mary of the Lake community center

Location: 4220 N Sheridan Rd, Chicago IL 60613 Contact: Soccero Munoz, 773-525-8210 Hours: Wednesday s and Fridays 9am – 11:30am Offers: pantry

#### Care for Real

Location: 5341 N Sheridan Rd, Chicago, IL 60640 Contact: Dzana Huseni, (773) 769-6182 Hours: monday, Wednesday: 9am-12pm; Friday: 9am-12pm and 3pm-5pm; Saturday: 9am-1pm Offers: pantry

#### FRANCISCAN OUTREACH (MARQUARD)

Location: 1645 W Le Moyne St, Chicago, IL 60622 Contact: Bro Doug Collins, (773) 278-6724 Hours: Daily: Dinner: 5:00 pm - 6:30 pm Offers: soup kitchen

#### **Irving Park Food Pantry**

Location: 4056 N Pulaski Rd, Chicago, IL 60641 Contact: Fern Hacker, (773) 685-7676 x4 Hours: By Appointment: Tuesday and Thursday: 10:00 am - 12:00 pm and 1:00 pm - 3:00 pm Offers: pantry

#### San Lucas Food Pantry

Location: 2914 W North Ave , Chicago, IL 60647 Contact: Rosita Porrata, (773) 227-5747 Hours: 2nd and 4th Friday: 10:00 am - 12:00 pm Emergency Monday-Friday 9am-2pm Offers: food pantry

# Food Resources/Pantries (Continued)

#### **McCormick Tribune - YMCA**

Location: 1834 N Lawndale Ave, Chicago, IL 60647 Contact: Rosa Nodal, (773) 235-2525 Hours: Every 1st Tuesday: 10:30 am - 12:00 pm Offers: mobile produce pantry

#### A Just Harvest

Location: 7649 N Paulina St, Chicago, IL 60626
Contact: David Crawford, (773) 262-2297
Hours: Soup Kitchen HOURS: Monday thru Friday: 5:30 pm - 6:30 pm; Saturday, Sunday: 5:00 pm - 6:00 pm
Produce Mobile HOURS: 3rd Monday: 10:30 am - 1:00 pm
Offers: soup kitchen and mobile produce

#### **Howard Area Community Center**

Location: 7648 N Paulina St, Chicago, IL 60626 Contact: Marta Chajon, (773) 262-6622 x271 Hours: Mon: 9am-11am and Thur: 2pm-6pm Emergency: Tues, Wed and Fri: 9am-12pm Offers: pantry Emergency Assistance Programs Catholic Charities Location: 721 N La Salle Dr, Chicago, IL 60654 Contact: Alzenia Melton, (312) 655-7514 Hours: Wednesday, Thursday, and Friday: 8:30 am - 11:30 am and 1:00 pm -3:30 pm Offers: pantry

#### **Polish American Association**

Location: 3834 N Cicero Ave, Chicago, IL 60641
Contact: Dorota Lewandowska, (773) 282-8206 x326
Hours: Wednesday: 9:30 am - 1:00 pm; Emergency: Monday thru Thursday: 9:00 am - 5:00 pm
Offers: pantry

## Databases for Searching Resources

Below are available databases for finding resources with some of the above resources and much more!

#### SPIDER

#### Website: https://spider.dcfs.illinois.gov/

**Description**: The Service Provider Identification & Exploration Resource (SPIDER) application and its predecessor, the Statewide Provider Database (SPD), is a collaborative effort sponsored by the IL Department of Children & Family Services, with data maintenance and user support provided by the Northwestern University/Hospital Feinberg School of Medicine, technology resources provided by the IL Department of Innovation and Technology, and information provided by countless child and family welfare service providers across the state of Illinois. Since 2002, this resource continues to be a key resource for the Department, human service provider staff, other state agencies, city and county human services personnel, non-profit service organizations, and a variety of behavioral health and insurance organizations. Collaboration between these organizations, the SPIDER Team, and technical/IT support has been a key factor in keeping this resource operational, accurate, and useful to our users.

#### CHICAGO CONNECTS/PURPLE BINDER

#### Website: <a href="http://cdph.purplebinder.com/">http://cdph.purplebinder.com/</a>

**Description**: A tool to help find behavioral health and social services resources in Chicago. Website provides search engines for finding help, tutorials to know the signs of emotional distress, as well as a list of emergency hotline services. Categories of support include: emergency services, drug and alcohol treatment programs, mental health, and violence prevention.

#### JOBS FOR FELONS HUB

#### Website: https://www.jobsforfelonshub.com/jobs-for-felons/

**Description**: The list of companies that hire felons we have created has been developed after hours of scouring the internet to create the most accurate and comprehensive list available. We have partnered with the leading job search engine and company information database in the world to give you the following information about each company: Job Listings specific to the company, Company Approval Rating, Employee, Satisfaction Rating, Culture and Values Rating, Senior Leadership Rating, Compensation and Benefit Rating, Career Advancement Opportunity Rating, Work/Life Balance Rating.